

When and Where to Access Care

Type of Provider	Scenario	Type of Illness or Injury
NU Student Health Clinics	<p>FREE for Scholars (not available for dependents); Convenient/two locations on Evanston & Chicago campuses. Appointment required.</p> <p>Link to NU Evanston clinic: Link to NU Chicago clinic:</p>	Cough/cold, flu, bronchitis, rashes, allergies, sinus infection, etc. General checkup.
TeleDoc	Same-Day care from the comfort of your home/office. Doctors available 24/7 for phone or video consults.	Cough/cold, flu, bronchitis, rashes, allergies, sinus infection, etc.
Urgent Care (Alternative to ER)	No appointment needed. Can be seen by a doctor quickly and they are open late nights and weekends, but not 24/7. See list of in-network Urgent Care Centers.	Treatment of most non-life-threatening emergencies. Broken bones (not multiple fractures), minor wounds (not bleeding profusely), mild fever, flu, acute sinusitis, etc.
Emergency Room (ER)	Open 24/7 but they prioritize when patients are seen based on the severity of the illness/injury. Less severe illness/injury means you may wait a long time to receive care. Much more costly than Urgent Care Centers or Teledoc.	Should be reserved for loss of life or limb, car accident, severe burns, head trauma, heart attack, stroke, severe lacerations, multiple/compound fractures, heavy bleeding, elevated fever, severe burns, seizures, poison, etc.
Hospital	Having an inpatient or outpatient procedure performed, in a critical state	Delivering a baby, major/minor surgery, recovery, monitoring, etc.